

Cedar Mount Academy BRIGHT FUTURES EDUCATIONAL TRUST

Knowledge Organiser

YEAR GROUI	P: 8 TERM: 1		
NAME		FORM	

"No thief, however skillful, can rob one of knowledge, and that is why knowledge is the best and safest treasure to acquire" – L. Frank Baum

How to use your knowledge organiser

You are expected to bring your knowledge organiser to the academy every day

This knowledge organiser contains all the key knowledge that you need to know for your learning this term. You should spend at least 30 minutes every evening using the knowledge organiser to complete a learning homework. You should record the subject or subjects on the learning homework page and show this to your form tutor on a weekly basis.

You will be tested in lessons on your learning from this knowledge organiser.

In some lessons, your teacher will ask you to learn specific sections of the knowledge organiser, but otherwise you should work through each subject independently, trying to memorise the information in the booklet. The more you can remember, the more useful it will be for your lessons.

How to learn using a knowledge organiser

The best way to use a knowledge organiser is to revise the information so that you can recall it when you are asked. The best methods to do this are:

- Look, cover, write and check the key words and knowledge lists
- Ask a family or friend member to test you on the knowledge
- Create a mind map to remember the information in each section
- Write down on a blank piece of paper as much as you can remember from the organiser
- Use the knowledge organiser to help you complete work in school and at home

SCHOLAR

A scholar is a person who studies a subject and knows a lot about it. "She was a good scholar because she worked so hard in class." Every student at CMA is a SCHOLAR				
Sitting up	throughout your to ensure maximum			
C	yourself with yourand when challenged.			
H_{ard}	to ensure you complete to the best of your			
0	so that no time is wasted and you have with you at all times.			
L	_ to your and to others in the class respectfully and actively, prepared to			
A	for the very best andwith your learning to take you beyond your current			
Respectful of	everyone in the, including, staff, governors, visitors and			

Art – Pop Art Portraits

Portrait - a drawing or painting of a person

Golden Ratio – Proportion of the face



In **1497** the famous artist, designer and inventor **Leonardo Da Vinci** created a series of mathematical drawings for a book titled **'The Divine Proportion'**.

The drawings featured 'The Golden Ratio' — a series of measurements that could be added to the human face to achieve the correct proportions.

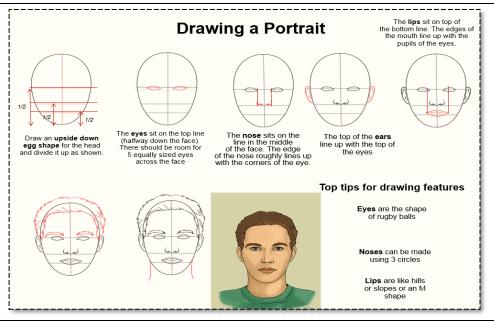
11	
	Technical key words for drawing a portrait
Guide-lines	Straight lines drawn at different measurement points to help you
	place the key feature and achieve the correct proportions
Scale	How big or small something is or the size of something
Shape	An area enclosed by a line
Highlight	A bright and reflective area. A highlight on a face would normally be
	around the cheeks, nose or forehead
Shadow/scale	The darker areas. Adding shade or shadow to a face can make it look
	realistic
Proportion	The size relationship between different parts, eg how big the eyes
	are compared to the nose



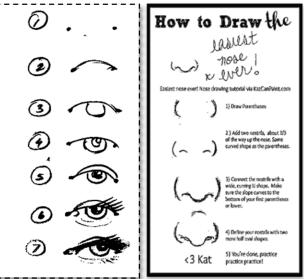


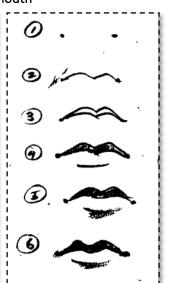






Step by step guides to help draw the eyes, nose and mouth





Art – Pop Art Portraits

Roy Lichtenstein's biography Roy Lichtenstein was an American Pop artist His work was influenced by advertising and old war comics. Lichtenstein's artwork is bright, bold, uses primary colours and features 'Ben-Day' dots His most expensive work



Born: 27th October 1923 New York City, USA.

Masterpiece sold for 165 million dollars in 2017

Andy Warhol was an American

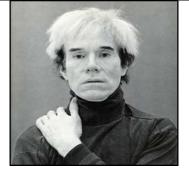
Died: 29th September 1997 in New York City, USA.

Andy Warhol's biography

,
artist, film director and
producer.
Warhol is one of the most
famous artists of the 20th
century
He was a leading figure in the
Pop Art movement.
His most expensive pointing Cor

His most expensive painting Car Crash (Double Disaster) sold for 105.4 million dollars

Warhol's work explores advertising and celebrity culture.



Born: 6th August 1928 in Pittsburgh, Pennsylvania, America.

Died: 22nd February 1987 in New York City, America

Notable artwork



Roy Lichtenstein, "In the Car" (detail), 1963



Rov Lichtenstein. "Masterpiece " 1962



Andy Warhol, "Muhammad Ali" 1977



Andy Warhol, "Marilyn Monroe" 1967

1950's Pop Art emerges in the UK.

A gathering of young artists challenges the idea of consumerism, culture and modernity. They look at films, advertising, product packaging, pop music and comic books inspiration.

1960's Pop Art emerges in America.

The term 'Pop Art' is born.

Pop Art artwork features images taken from the everyday and used because of its banality.

1962 The Museum of Art (MOMA) holds its first exhibition of Pop Artwork

1963 Roy Lichtenstein – becomes a really important American Pop artist.

1964 Andy Warhol uses silk-screen to replicate the massproduced culture. He is known as a leading figure in the Pop Art movement.

1970's The art movement Modernism begins.

Other famous Pop Artists...

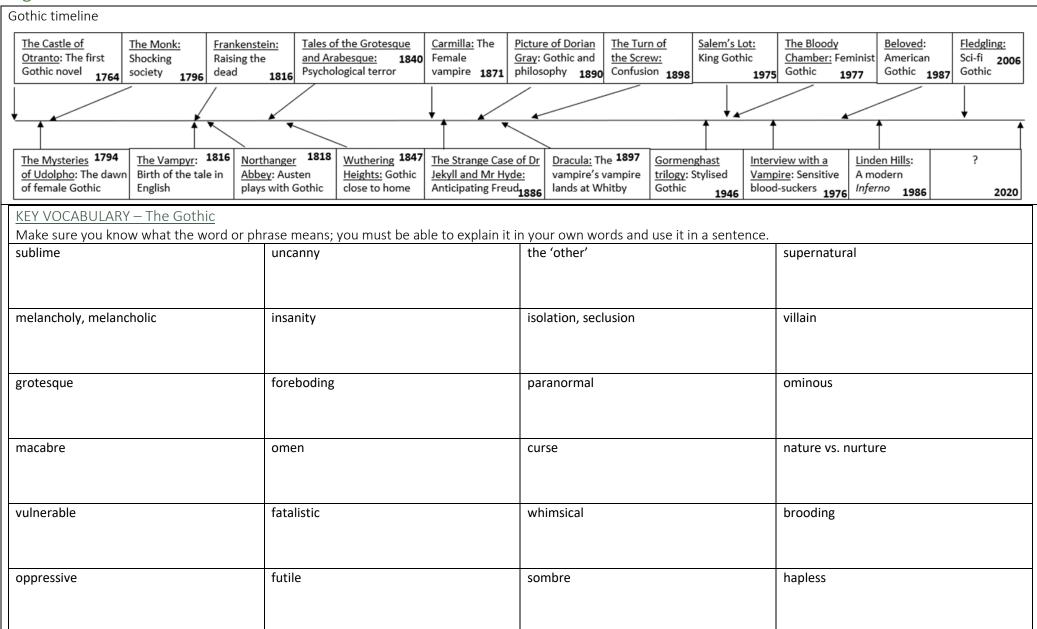
Eduardo Paolozzi

Yavoi Kusama

Richard Hamilton

Jasper Johns

English - Gothic



English – Creative writing

Importance of setting	<u>Description</u> : Using the notes from your booklet, what do you need to consider about 'description' in writing?		
	Importance of integral:		
	Importance of external:		
"			
	Timeline and writing structure: Using the notes from your booklet, what do you need to consider about 'timelines' and 'structures' in your writing?		
~	Create a rough timeline of events from <i>Frankenstein</i> :		
dis.	create a rough timeline of events from runkenstein.		
Magpie an example from the play	Re-envision a timeline for a completely new story (remember to link to the Gothic):		
Sense:			
Sense:	Keeping it structured: Why does a story need a Freytag structure?		
Punctuation: Using the notes from your booklet, what do			
you need to consider about 'punctuation' in writing?	The climax		
Magpie how atmosphere is built in Frankenstein:	Rising tension Falling action		
	The exposition Denouement		

Food and nutrition

+ Technidnes Evaluation Food labe Core te	ling & Simmering Testing readiness Whisking Coating Coating Consistent Improvements Eatwell guide Food groups	Beating into a soft smooth paste or sauce, with no lumps - manual vs electric Cooking in deep water. Boiling- rolling bubbles. Simmering- small popping bubbles Al dente / bite test - vegetables, pasta. Color check - meats, cakes. Press test - cakes Beating or stirring a food substance to add air. Manual or mechanical. Aeration Oil based cooking method. Oil must be hot to avoid sticking + greasy texture A thin layer that wraps around food. Measure and interpret the different sensory characteristics of food producing the same product using the same method to achieve the same results Suggestions of actions needed to produce better outcomes e.g., skills, timings, methods Visual tool showing how much of each food group should be eaten for a balanced diet Starchy carbs, Fruit + Veg, Dairy + alternatives, Meat, fish + alternative proteins, Oils 8 key government guidelines for healthy eating. Following EWG ratios + portion sizes Linked to EWG; approximately the size of your hand, fist or what fits in palm of hand Group of compounds including starch, sugar + fibre that provide
Poi	& Simr which will be sory All constants and search and	Cooking in deep water. Boiling- rolling bubbles. Simmering- small popping bubbles Al dente / bite test - vegetables, pasta. Color check - meats, cakes. Press test - cakes Beating or stirring a food substance to add air. Manual or mechanical. Aeration Oil based cooking method. Oil must be hot to avoid sticking + greasy texture A thin layer that wraps around food. Measure and interpret the different sensory characteristics of food producing the same product using the same method to achieve the same results Suggestions of actions needed to produce better outcomes e.g., skills, timings, methods Visual tool showing how much of each food group should be eaten for a balanced diet Starchy carbs, Fruit + Veg, Dairy + alternatives, Meat, fish + alternative proteins, Oils 8 key government guidelines for healthy eating. Following EWG ratios + portion sizes Linked to EWG; approximately the size of your hand, fist or what fits in palm of hand Group of compounds including starch, sugar + fibre that provide
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Fats Food la	Portion size	Group of compounds including starch, sugar + fibre that provide
	Sarbohydrates	energy
	Proteins	Animal or vegetable. Made up of strings of amino acids. For growth, repair, enzymes
	s + Oils (lipids)	Animal or vegetable sources. Solid or liquid. For energy and insulation.
	Vitamins	Assist in a variety of processes in body. Fat soluble = $D/A/K/E$. Water soluble = B/C
	Minerals	Assist in a variety of functions in body. Examples - calcium, iron, potassium, fluoride
	Preservation	Methods used to extend shelf life of foods. Remove air, moisture. Heat it. Change pH
	Food labelling: dates	Use by safety - eat, cook, freeze by date. Best before: quality reduces after date
	e temperature	Juices should run clear. Core temperature 75*C
Science	Enzymic browning	Chemical process of oxygen + enzymes reacting in food causing the surface to go brown
	Gelatinisation	When starch grains are heated in a liquid they absorb it, swell + burst, releasing starch
	Coagulation	Irreversible change in proteins from a liquid to solid state.
Backa Backa	Packaging labelling	Name, ingredients, allergens, storage + dates, preparation, origin, maker, nutrition, volume
	Packaging	Know the difference: Per portion or serving. Per product. Per 100g.
	nutrition	Traffic lights
Pro	Food waste	Plan accurately. Store correctly. Use in date order. Use leftovers
ovena	3 R's	Reduce, reuse, recycle
	Carbon footprint: food	Emissions from growing, farming, processing, transporting, storing, cooking, disposing of the food you eat.

Food and nutrition

Planning what to cook

Deciding on what to cook or eat, whether for yourself or someone else, requires making a number of decisions:

- beliefs and values.
- consumer information.
- food preferences.
- food provenance.

Food labelling

allergens)

packer or seller

weight or volume.

Consumer information:

front-of-pack nutrition label

serving suggestions/image.

name of food or drink

nutrition information

· health and wellbeing.

for consumer information.

Legally required information:

social and economic considerations.

Information on the labels of pre-packed food

· country of origin and place of provenance

· list of ingredients (including additives and

name and address of the manufacturer.

· storage and preparation instructions

and drink products can be legally required or just

· who, what, when and where?



'Use by' dates relate to the safety relate to quality. Eating foods after their 'use by' date could lead

HISE BY-

25/09/20

KEEP

Baby leaf salad

opened consume within 24 hours and by the 'use by'

Date marks/shelf life

of the food and' best before' dates to food poisoning.

REFRIGERATED

8TORE IN A COOL

Keep refrigerated. Once

Consumer information

Information can help consumers make informed choices, including

- advertising and marketing.
- media.
- online blogs/forums.
- packaging, nutrition and health
- point of purchase information.
- product placement.
- recipe ideas

Food provenance

Food provenance is about where food is grown, caught or reared, and how it was produced. Food certification and assurance schemes guarantee defined standards of food safety or animal welfare. There are many in the UK. including:





Red Tractor

RSPCA Assured





British Lion

Marine Stewardship Council

Ingredients

It is a legal requirement to include an ingredients list on packaged or pre-prepared foods. The ingredients must appear in descending order and with the allergens identified in bold, highlighted, underlined or in italias.

INGREDIENTS

Water, Carrots, Onions, Red Lentils (4.5%), Potatoes, Cauliflower, Leeks. Peas, Cornflour, Wheat flour, Cream (milk), Yeast Extract, Concentrated Tomato Paste, Garlic, Sugar, Celery Seed, Sunflower Oil, Herb and Spice, White Pepper, Parsley ALLERGY ADVICE

Activity recommendations

Pre-schoolers (3 to 4 years): 180 minutes (3 hours) spread throughout the day, including at least 60 minutes of moderate-to-vigorous intensity physical activity

Children and young people (5-18 years): at least 60 minutes of physical activity every day and engage in a variety of types and intensities of physical activity across the week.

Adults (19-64 years): at least 150 minutes each week (moderate intensity), or have 75 minutes of vigorous activity a week and do muscle strengthening activities on two days or more each week.

Key words

Advertising: Advertising is a form of communication for marketing and used to encourage, persuade, or manipulate an audience to continue or take some new action.

Allergens: Substances that can cause an adverse reaction to food.

Ethical: Relating to personal beliefs about what is morally right and

Food certification and assurance schemes: Defined standards of food safety, quality or animal welfare.

Food provenance: Where food is grown, caught or reared, and how it was produced.

Religion: a particular system of faith and worship.

Seasonal food: Food grown at a particular time of year.

Seasonality: The times of year when a given type food is at its peak, either in terms of harvest or its flavour

Front-of-pack labelling

Front of pack nutrition information is voluntary. If a food business chooses to provide this, only the following information may be provided:

- · energy only
- · energy along with fat, saturates, sugar and salt.

Red, amber and green colours, if used, show at a glance whether a food is high, medium or low for fat, saturates, sugars or salt. The colour coding can be used to compare two



Allereen labelling

There are 14 ingredients (allergens) that are the main reason for adverse reactions to food. They must be labelled on pre-packaged food and menus so that consumers can make safe choices

From summer 2021 new legislation will tighten the rules requiring food that is prepared for direct sale, e.g. in a coffee shop, to carry a full list of ingredients.

The 14 allergens a	re:			
Foods containing gluten, present in wheat, barley and rye	Crustaceans	Eggs	Fish	Lupin
Pearuts	Soybeans	Mik	Nuts	Maluses
Colory	Mustard	Sesame seeds	Sulphur diaxide	40%e
		- 12.5	Ī	

A balanced diet

A balanced diet is based on the Eatwell Guide. An unbalanced diet can lead to dietary related



Eating the seasons

Most foods are grown in a particular season of the year, e.g. strawberries are harvested in summer in the UK. These are called 'seasonal foods'.

Buying foods when they are in season will often mean that the price is

Technology and the importation of food has allowed food to be available all year round.

Frozen foods, such as vegetables, are a great alternative to fresh, if they are unavailable.

Geography – Rivers & Flooding Social—people



Economic—money and jobs

Environmental—natural world

Key words

Flood – when a river overflows onto the surrounding area.

Meander – a bend in the river.

Mouth – where the river meets the sea.

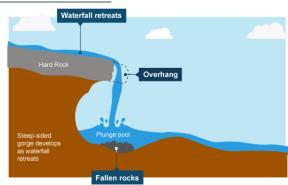
Source - the start of the river high up in the mountains.

Ox-bow Lake - A wide meander loop which has been cut off from the main river.

Source - the start of the river high up in the mountains.

Waterfall - A sudden drop in a river as it flows from higher land to lower land.

What is a Waterfall?



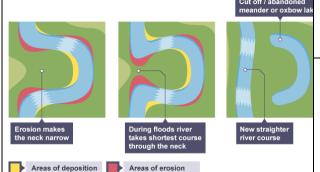
Why do rivers flood?

Physical causes	<u>Human causes</u>
Heavy rainfall or long periods of rain	Urbanisation, because towns and cities have more impermeable surfaces
Steep slopes	Deforestation, because removing
Impermeable rock	trees reduces the amount of
Very wet soils	water intercepted and increases run off

Landforms across different river courses

River landscapes change as you go downstream from the source to the mouth. In the upper course of a river, steep gradients lead to rapidflowing rivers. In the middle course, the river meanders through gentle gradients and in the lower you find the mouth, where it meets the sea.

What is an ox-bow lake?



Flooding in Bangladesh



		1
1. Upper course	2. Middle course	3. Lower course
Source	Meanders	Mouth
V-shaped valley	Ox-bow lakes	Wide river
Waterfalls	Floodplains	Deepest part
Steep gradients	Gentle gradients	Flat land

Case study: Bangladesh

Bangladesh is a developing country in Asia and it is frequently affected by flooding. For example, in 2017 flooding made 9 million people homeless and approximately 1,000 people died from drowning and from waterborne diseases.

Causes of flooding in Bangladesh

- Lots of low-lying land.
- Melt water from the Himalayas.
- Heavy deforestation.
- Heavy monsoon rains.

Responses

Bangladesh is a very poor country and so has less money to spend on flood defenses than richer countries. Most people in Bangladesh do not earn enough to pay for insurance against flooding, so when there are floods, they risk losing everything.

Short-term responses	Long-term responses
■ Aid sent to help	■ Raised flood
survivors.	shelters.
Water purification	■ Flood warning
tablets.	systems.

Page: 10

Geography – Our unequal world Social—people

Key words

Colony - a group of people from one country who build a settlement in another country and have control over the area.

Deficit - A lack of a resource

GDP - total amount of goods and services produced by a country.

HIC - High income country

LIC - Low income country

HDI - Human development index

Surplus - More than what is needed

- Food water and energy are all important resources that ensure we have a good quality of life.
- These resources are not evenly distributed. Some countries have a surplus of these resources and others have a deficit.
- HICs like the UK generally have a surplus of resources and a high quality of life.
- Competition for resources can cause conflict.

How can we measure development?

Gross National Income	The total value of goods and services produced by a country	
divided by the size of the population		
Birth rate	The number of live births per thousand of population per year	
Death rate	The number of deaths per 1,000 of the population per year	
Infant mortality	The number of babies, per 1000 live births, who die under the	
	age of one	
Life expectancy	The average age to which a person lives	
Literacy rates	The percentage of adults who can read and write	
Human Development	Measures life expectancy, number of years in education and	
Index	GNI per head	

HDI is more effective as It **combines** a range of social and economic indicators.

Causes of the development gap

Physical	Economic	Historical
■ suffers serious flooding	■ Not many TNCs are found	■ The country was a British
almost every year	here	colony for more than fifty
It is really mountainous and	■ The main exports are	years
hard to reach	primary products which are	
	low in value	

How can we improve levels of development around the world?

- Fair trade fairer prices for farmers and the promise of better working conditions.
- Investment encouraging TNCs to set up in developing countries.
- **Tourism** Tourists spend money in the area and provide jobs for local people.
- Aid Help from other countries can be used to improve the quality of schools and infrastructure.

History

World War I – 'The Great War' or 'Organised Murder?

*The last surviving veteran of WW1 Harry Patch said, "Politicians who took us to war should have been given the guns and told to settle their differences themselves, instead of organising nothing better than legalised mass murder."

Key Words

LONG TERM CAUSES - WW1

Militarism Building up and spending more money on the army

Alliances Group of countries who agreed to work together and protect each other (Triple Alliance v Triple Entente)

Imperialism *Policy of increasing power by gaining colonies – making an empire.*

Nationalism Believing your country is the best. Links to loyalty and patriotism.

SHORT TERM CAUSE - WW1

Assassination Murder of someone by a surprise attack (Archduke Franz Ferdinand

Key Facts

- The countries in the Triple Alliance were Germany, Austria-Hungary and Italy. It was formed in 1882.
- The countries in the Triple Entente were Great Britain, France and Russia. It was formed in 1907.
- Switzerland and USA were neutral at the start of the war.
- More than 65 million men from 30 countries fought in WWI. Nearly 10 million died.
- The Allies (The Entente Powers) lost about 6 million soldiers. The Triple Alliance lost about 4 million.
- Nearly 2/3 of military deaths in WWI were in battle. In previous conflicts, most deaths were due to disease.
- WW1 led to lot of women working in factories whilst the men were at war. This contributed towards women winning the vote after the war.

Key Dates

Rey Dates		
28 th June 1914	Assassination of Archduke Franz Ferdinand	
28 th July 1914	Austria declares war on Serbia	
3 rd August 1914	Germany declares war on Russia.	
4 th August 1914	Germany invades Belgium. Britain declares war on	
	Germany.	
1 st July 1916	Battle of the Somme begins. Over 1 million soldiers	
	will be wounded or killed in it	
6 th April 1917	USA joins the war, declaring war on Germany	
17 th December 1917	Russia leave the war	
11 th November 1918	The war ends, and Germany agrees to an armistice	
28 th June 1919	Treaty of Versailles signed	

Key People

Gavrilo Princip	Assassinated Archduke Franz Ferdinand	
Archduke Franz Ferdinand	Austrian heir to the throne	
Lord Kitchener	Secretary of state for war. His picture appeared on	
	WW1 propaganda	
General Haig	British military commander. His controversial	
	strategy of 'going over the top' caused lots of deaths.	

What was the role of the British Empire in WW1?

Britain's colonies sent over two and a half million men to fight for Britain during the war. India sent the most soldiers. At that time, India included both Pakistan and Bangladesh. Colonies as far away as Canada, Australia, New Zealand, South Africa and Rhodesia (which is now Zimbabwe) also sent thousands of soldiers. That meant that Britain had soldiers from five different continents!

History

What was the role of the British Empire in WW2?

At the outbreak of war in 1939, India and the other colonial parts of the Empire had no choice and automatically joined in the war on the side of Britain. There were also the self-governing 'white' Dominions - Australia, Canada, New Zealand and South Africa who made their own decision to enter the war on the British side.

During the war the British Empire and Dominions raised a total of 8,586,000 men for military service.

More than 5 million came from the British Isles

- 1,440,500 from India (this was before Partition so also includes Pakistan)
- 629,000 from Canada
- 413,000 from Australia
- 136,000 from South Africa
- 128,500 from New Zealand

More than 134,000 from other colonies

Does Winston Churchill deserve to be on the £5 note?

DOCS WITISTOTI CHARCITIII ACSCIVE TO BE O	THE LOTIOLE.
Churchill was Prime Minister in WW2	Churchill expressed racist opinions,
and he showed courage throughout the	especially towards Indians and Muslims,
war, encouraging people to persevere	which his colleagues found
throughout.	inappropriate and wrong. He said 'I hate
	Indians. They are a beastly people with
	a beastly religion.'
Churchill could be cruel to his	Churchill was responsible for the deaths
colleagues. He kept people working very	of up to 3 million Bengalis in the 1943
hard for very long hours.	famine. He took food from Bengal to
	Europe. Bengal was part of the British
	Empire at the time
Churchill was trained in the army and	In 2002, Churchill was named the
was experienced in leading the military.	greatest Briton of all time for leading
Churchill led Britain to defeat the racist	Britain to victory in WW2
Nazis	

These are some of the arguments you will explore in class debates. Try to find out more about Winston Churchill before the lesson!

Episodes from WW2



1st September 1939. Germany invades Poland.



7th September 1940 to the 16th May 1941: The Blitz



December 7th 1941: Japan launches a surprise attack on the American Naval Base Pearl Harbour in Hawaii. This leads to America entering the



8th May 1945: VE Day – Victory in Europe Day. Nazi Germany surrenders



August 6th and August 9th 1945: The United States detonated two nuclear weapons over the Japanese cities of Hiroshima and Nagasaki on August 6 and 9, 1945



August 15th 1945: VJ Day – Victory In Japan Day. WW2 is officially over.

Maths- Angles

<u>Vocabulary</u>	<u>Definition</u>	<u>Diagram</u>	<u>Diagram</u> <u>Standard Not</u>		Standard Notation			
Interior Angles Exterior Angles	The angle inside the shape at a vertex The angle outside the shape when the edge is extended to form a straight line	× exte	Parallel Lines that remain the same apart and would never interse angle exterior angle exterior angle Use arrows to show lines are parallel			Parallel Lines	Converging or Diverging lines Intersecting Lines	
Vertically opposite angles	When straight lines cross, vertically opposite angles are equal	a° b°	$a^{\circ} = b^{\circ}$ Perpendicular Two lines that would intersed angle or 90°		ct at a right	/20.		
Transversal	A straight line that cuts through parallel lines	7	Use the right angle symbol to which lines are perpendicular			90° Pendialia		
Vocabulary	Definition		Diagram		-	Worked exa	mple	
Corresponding angles	Any pair of angles which are in to position relative to a transveparallel lines are	ersal on	${a^{\circ}}$		$a^{\circ} = b^{\circ}$	Which diagr	rams show correspond	ding angles?
Alternate angles	I onnosite sides relative to a transversal I			$a^{\circ} = b^{\circ}$	Which diagrams show corresponding angles?		ding angles?	
Co-interior angles	The sum of the two angles interior to the parallel lines i				$a^{\circ} + b^{\circ} = 180^{\circ}$	Which diagr	ams show co-interior	angles?

Maths

Vocabulary	<u>Definition</u>	<u>Diagram</u>
Perimeter	The total distance around all edges of a shape	1
Edge	A line that defines the outline of the shape	Vertex
Vertex	The point where two edges meet (corner)	ELLE B
Centre	The point in the middle of the circle	Circumference
Radius	A straight line from the centre of a circle to the edge of the circle	i de la
Diameter	A straight line passing through the centre of a circle that touches both sides of the circumference	center
Circumference	The distance around the edge of the circle $C = \pi d$	
	Laws of Arithmetic ar	nd Algebra
	<u>Addition</u>	<u>Multiplciation</u>
		nultiply in any order
Commutative	a+b=b+a	$a \times b = b \times a$
	2+4=4+2=6	$3\times 4=4\times 3=12$
Associative	You can group the numbers in any combination	

<u>Vocabulary</u>	<u>Definition and Examples</u>		
Bar Model	A pictorial representation of in the form of W W 6	of a mathematical problem bars or boxes. F G 8 W	
Function	2	_{>>} 14	
Machine	Input 6	Output	
Input	3 ×2 10	+10 ====================================	
Output	5	20	
Operation	The calculation to be p	erformed e.g x2 or + 10	
Inverse Operation	Addition and Subtraction Addition Multiplication and Division Morphanian Division Division Division	Inverse operations are those that UNDO themselves. Powers and Roots	
Variable	A symbol that takes the place of an unknown number	Variables	
Constant	A value which is fixed and does not change.	y = 7x + 8 coefficient operator constant	
Coefficient	A number that appears in front of a variable including the sign. This number will be used to multiply the variable.	2m 5x ² -7x 4g Coefficient	

Performing Arts - Dance

Physical Skills:

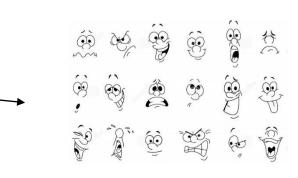
Physical skills are the skills that give us the ability to perform a wider range of movements safely with control and correct technique,

<u>Skill</u>	<u>Definition</u>	
Extension The lengthening of body parts outwards. E.g. Straight arms and pointed toes		
Flexibility The range of movement possible in the joints/muscles		
Coordination The ability to use different parts of the body together smoothly and efficiently.		
Posture The way the body is held		
Stamina Ability to maintain physical and mental energy over periods of time.		

TOP TIP!
Stretching regularly
can rapidly improve
your flexibility.

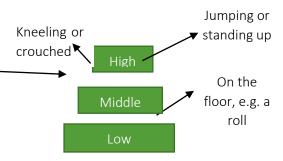
<u>Performance/Interpretive skills:</u> Performance skills are the skills that allow you to engage and connect with your audience.

Timing	Performing the correct movement at the correct time. This should	
	be in time with your group	
Musicality	How in time you are with the music	
Energy	How much physical effort you apply to the performance	
Facial	Animating the face to engage with your audience/communicate the	
Expressions	theme of your performance	
Projection	Projecting your movements outwards into the space with	
	appropriate energy.	
Dynamic	Noticing and applying the correct quality to each movement. For	
Awareness	example: sharp, soft, fluid etc.	



Choreographic Devices: Choreographic devices are the tools that we use to make our choreography more interesting and original.

Canon	Performing the same movement one after another.	
Unison	Performing the same movement at the same time	
Formation	The position you stand in to perform.	
Levels	The height at which you perform your movement	
Repetition	Repeating the same movement or phrase more than once	
Accumulation	Gaining dancers as a phrase is performed	
Juxtaposition	Showing a contrast on stage. This can be applied using	
	speed or style etc	
Fragmentation	Dividing the dance into smaller chunks and reordering this	
	to create a new phrase	





Performing Arts – Dance

KEY QUESTION: What is Street Dance?

Street dance is a style that evolved in urban open spaces such as streets, dance parties, parks, school yards, and nightclubs. Street dance is a <u>vernacular dance</u>, vernacular dances are often <u>improvised</u> and <u>social</u> in nature. This encourages interaction with spectators and other dancers.

What is a vernacular dance?

Vernacular dances are dances which have developed 'naturally' as a part of 'everyday' culture within a particular community.

Street Dance was influenced by:

- Hip Hop Culture in New York in the 1970's
- 'Funk' styles of dance in California
- Jazz Dance

Street Dance styles:

•



Waacking:

Waacking is a form of dance created in the LGBT clubs of Los Angeles, during the 1970's disco era.



Waacking consists of moving the arms to the beat of the music, typically by moving the arms over and behind the shoulder.

Key Features/Movements:

- Circular motions
- Fast paced
- Sharp dynamics
- Posing
- Moving the arms to the beat of the music
- Musicality

Break Dance:

Breaking, also called Breakdancing or b-boying, is an athletic style of street dance.

Breakdancing was invented in the early 1970's by inner-city youths in the <u>Bronx</u> in <u>New York City</u>. Breakdancing uses different body movements, spins, arm movements, leg movements, all of which are done to the rhythm of hip hop music.

Key Features/Movements:

- Freezes
- Toprocks
- Downrocks
- Power Moves
- Physically demanding



Commercial Dance:

Commercial refers to dancing done in the media for example concerts, live shows, music videos, films, and adverts. Many different styles of dance are used in the commercial category such as hip



hop, jazz, locking, popping, breakdancing, krumping, and contemporary dance.

Key Features/Movements:

- Expressive style of dance
- Always combines a variety of styles
- Usually performed in large groups

Used for a commercial purpose

Performing Arts - Drama

Why did WW2 start?	WW2 started in 1939. Britain and France declared war on Germany after Hitler
	invaded Poland
Why were children	Children were evacuated to move from dangerous areas to safer places. Most of
evacuated and where	these children were in cities where enemy planes were trying to destroy factories
were they sent?	but were also bombing homes and schools. Most children were sent to live with
	families in the countryside.

World War 2:

The evacuation of civilians in Britain during the Second World War was designed to protect people, especially children, from the risks of aerial bombing. Children were evacuated from cities to areas thought to be less at risk, which normally was the countryside. Operation Pied Piper, which began on 1 September 1939, officially relocated more than 3.5 million people.

Key vocabulary:

		19	
<u>Date</u>	What happened?		
1939	Germany invades Poland – 1st September and Britain and France declare war on Germany two days		
	later		
1940	• Ratio	oning starts in the UK	
	 Gern 	nany invades Belgium, Holland & France	
	 Battl 	e of Britain	
1941	• Gern	nany invades Russia	
	 Japai 	n attacks Pearl Harbour	
	• USA	enters the war	
1942	Japan inva	ades Singapore	
1943	• Allied	d success in Russia and North Africa	
	 Italy 	surrenders	
1944	D-day – Alied invasion in France – Paris is liberated in August		
1945	Germany surrenders on 7 th May		
	Atomic bombs dropped on Hiroshima and Nagasaki – Japan surrenders on 14 th August		
Blitz		The bombing attacks on GB by the Germans	
Evacue	е	A child sent to live in the countryside for safety	
Rationi	Rationing Food and other supplies were 'rationed' meaning that you could only purchase a ce number of items using tokens from your ration book		
Refugee The mer		The men, women and children (mainly Jewish people) who were forced from their homes	
in German territory, they sought safety in neighbouring countries		in German territory, they sought safety in neighbouring countries	
Invasio	Invasion Forcefully taking over another country		
Chance	Chancellor The person in charge		
Home (Guard	Volunteers who defended the 5000 miles of British coastline in the event of an invasion by	
		Germany	
The Ho	locaust	The persecution and murder of 6 million Jews by the Nazi regime	

What is isolation?

Isolation is the process or fact of isolating or being isolated. It is the state of being in a place or situation that is separate from others.

What possible reasons might there be for somebody being isolated?

- Illness/Pandemic
- Bullying/Friendship issues
- Prison
- IEU
- Personal choice
- Lack of family or friends
- Safety



- Sadness
- Anxiety
- Loneliness
- Frustration



Goodnight Mister Tom

Goodnight Mister Tom is a 1998 film adaptation by <u>Carlton Television</u> of the <u>book</u> of the <u>same name</u> by <u>Michelle Magorian</u>. The film tells the story of young Willie Beech, evacuated to the country as Britain stands on the brink of the Second World War. A sad, deprived child, he slowly begins to flourish under the unlikely care of grumpy old Tom Oakley. But then his new-found happiness is shattered by a summons from his mother to return to London. As the weeks pass by Tom begins to worry when William doesn't answer his letters, so he goes to London to find him, and there makes a terrible discovery.



Key Characters:

Tor

A lonely and bitter old man living in the countryside, his wife has died and he is all by himself. Stubborn and stuck in his ways. Follows his own routine and doesn't like change.

Willie

A quiet young boy who comes from an abusive home with a very strict religious mother. Quite scared of Tom at first.

Performing Arts – Drama

Awareness Stage

directions

Movement

Where on the stage you are positioned

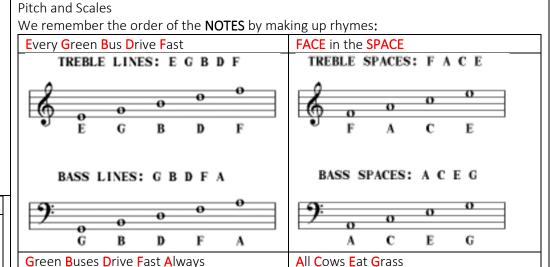
Using the whole stage

011111111111111111111111111111111111111	Diama		
Vocal Skills			
Volume	How loud or quiet you speak	Proxemics	Distance between characters to show a relationship
Tone	Matching mood or emotion	Eye Contact	Looking in a particular direction
Pace	How fast or slow you speak	Physical contact	Contact and touch between characters
Pitch	How High or low you speak	Levels	To show contrast between characters
Accent	How you speak based on where you're from		
		Lighting	The use of lights to create a particular atmosphere
		Sound	Adding sound or music to create an effect
Body Language	How you use your body to show something	Costume	What the character would wear
Gestures	How you use your hands to communicate	Props	Items used within the performance
Facial	How you use your face to communicate an emotion	Set	Backdrops and items to create an atmosphere
Expressions			
Actions	What you do		
Levels	Using different heights to communicate a message		
Projection	Exaggerating either vocal or physical skills		
Audience	Ensuring the audience can see you.		

Performing Arts – Music – Building blocks

Musical Elements Key Words	Definition
Pitch	How high or how low a note is
Tempo	How fast or slow something is
Dynamics	How loud or quiet something is
Timbre	The unique sound of an instrument
Texture	How many sounds are playing
Duration	How long and short a note is
Rhythm	A pattern made up of different durations
Structure	The musical plan of a piece of music

St	ructur	e		The m	usical plan	of a piece of music
1	Notes D	urations and	Rests			Dynamics' Symbols
	Note	Name	Rest on the Stave	Beats	_	ff fortissimo – very loud
	0	Semibreve		4		forte - loud mf
	۵	Minim	-	2	>	mezzo-forte – medium loud
	٦	Crotchet	=	1		mezzo-piano - medium quiet P
)	Quaver	_	1/2		piano - quiet PP
	A	Semiquaver	=	1/4		pianissimo – very quiet
	-	ou combine ecome and rh		t note o	lurations,	crescendo - getting louder
						diminuendo - getting quieter

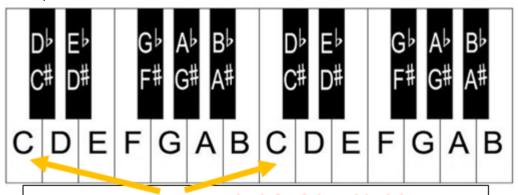


A SCALE is how we measure how LOW or HIGH a sound is, we call this PITCH. We put NOTES in a certain order on a STAVE, so we know which PITCH to play them.

The HIGHER the notes are on the SCALE, the higher they are in PITCH.

You would play the TREBLE CLEF with the RIGHT HAND on the piano and the BASS CLEF with the LEFT HAND





REMEMBER: C is to the left of the 2 black keys

Performing Arts - Music

A. THE PURPOSE OF FILM IN MUSIC

Film Music is a type of DESCRIPTIVE MUSIC that represents a MOOD, STORY, SCENE or CHARACTER through music, it is designed to SUPPORT THE ACTION AND EMOTIONS OF THE FILM ON SCREEN.

Film Music can be used to:

- Create or enhance a mood (though the ELEMENTS OF MUSIC)
- Function as a LEITMOTIF (see D)
- To emphasise a gesture (MICKEY-MOUSING when the music fits precisely with a specific part of the action in a film e.g. cartoons)
- Provide unexpected juxtaposition/irony (using music the listener wouldn't expect to hear giving a sense of uneasiness or humour!)
- Link one scene to another providing CONTINUITY.
- Influence the pacing of a scene making it appear faster/slower
- Give added commercial impetus (released as a SOUNDTRACK) sometimes a song, usually a pop song is used as a THEME SONG for a film.
- Illustrate the GEOGRAPHIC LOCATION using instruments associated with a PARTICULAR COUNTRY or HISTORICAL PERIOD using music 'of the time'.

D. LEITMOTIFS

LEITMOTIF – A frequently recurring short melodic or harmonic idea which is associated with a character, event, concept, idea, object or situation which can be used directly or indirectly to remind us of one not actually present on screen. Leitmotifs can

be changed through SEQUENCING, REPETITION or MODULATION giving a hint as to what may happen later in the film or may be heard in the background giving a "subtle hint" to the listener e.g. the "Jaws" Leitmotif



B. HOW ELEMENTS OF MUSIC ARE USED IN FILM MUSIC.

PITCH AND MELODY – RISING MELODIES are often used for increasing tension, FALLING MELODIES for defeat. Westerns often feature a BIG THEME. Q&A PHRASES can represent good versus evil. The INTERVAL OF A FIFTH is often used to represent outer space with its sparse sound.

DYNAMICS – FORTE (LOUD) dynamics to represent power; PIANO (SOFT) dynamics to represent weakness/calm. CRESCENDOS used for increasing threat/ triumph and DECRESCENDOS or DIMINUENDOS used for things going away into the distance. Horror Film soundtracks often use EXTREME DYNAMICS or SUDDEN DYNAMIC CHANGES to 'shock the listener'.

HARMONY — MAJOR — happy; MINOR — sad. CONSONANT HARMONY OR CHORDS for "good" and DISSONANT HARMONY CHORDS for "evil". SEVENTH CHORDS often used in Westerns soundtracks.

DURATION – LONG notes often used in Westerns to describe vast open spaces and in Sci-Fi soundtracks to depict outer space; SHORT notes often used to depict busy, chaotic or hectic scenes. PEDAL NOTES – long held notes in the BASS LINE used to create tension and suspense.

TEXTURE – THIN/SPARE textures used for bleak or lonely scenes; THICK/FULL textures used for active scenes or battles. ARTICULATION – LEGATO for flowing or happy scenes, STACCATO for 'frozen' or 'icy' wintery scenes. ACCENTS for violence or shock.

RHYTHM & METRE -2/4 or 4/4 for Marches (battles), 3/4 for Waltzes, 4/4 for "Big Themes" in Westerns. IRREGULAR TIME SIGNATURES used for tension. OSTINATO rhythms for repeated sounds e.g. horses

JAWS LEITMOTIF – Only uses two different notes to create the famous theme.



C. FILM MUSIC KEY WORDS

SOUNDTRACK – The music and sound recorded on a motion-picture film. The word can also mean a commercial recording of a collection of music and songs from a film sold individually as a CD or collection for digital download.

MUSIC SPOTTING – A meeting/session where the composer meets with the director and decides when and where music and sound effects are to feature in the finished film.

STORYBOARD – A graphic organiser in the form of illustrations and images displayed in sequence to help the composer plan their soundtrack. CUESHEET – A detailed listing of MUSICAL CUES matching the visual action of a film so that composers can time their music accurately.

CLICK TRACKS – An electronic METRONOME which helps film composers accurately time their music to on-screen action through a series of 'clicks' (often heard through headphones) – used extensively in cartoons and animated films.

DIEGETIC FILM MUSIC – Music within the film for both the characters and audience to hear e.g. a car radio, a band in a nightclub or sound effects.

NON-DIEGETIC FILM MUSIC – Music which is put "over the top" of the action of a film for the audience's benefit and which the characters within a film can't hear – also known as UNDERSCORE INCIDENTAL MUSIC.

Physical Education

Physically Active

Netball:

Southside Netball Club Cedar Mount Academy

Dominoes Netball Club Wright Robinson College

Fitness:

Pure Gym (16+)

Manchester Debdale Park Arcadia Leisure Centre

Yew Tree Ave, Levenshulme, M19 3PH

Trampolining

Rules / Safety No shoes on the trampoline and should always have hair tied back and socks on.

Rugby:

M34 5SN

Salford,

M7 1ZT

Trampolining:

Aldwinians RUFC. Audenshaw

Park, Droylsden Rd, Audenshaw,

Belle Vue Bees, Belle Vue Sports

City of Salford Trampoline Club.

Dynamo Trampoline Club, Brierley

Avenue, Manchester, M35 9HA

City of Manchester Institute of

Gymnastics, Garratt Way,

Manchester, M18 8HE

Village, Gorton, M12 4TF

No chewing gum or jewellery.

Dismount by stopping in the middle, walking to the side, sitting and sliding off the bed, no jumping off. When not performing, stand facing the trampoline with hands up to support the performer. Spotting is to help the performer stay on the bed.

Control & Movement Deep pushes into the bed during bounce phase. Arms circulate outwardly to generate power.

Streamline position, body tension and head up to continue height throughout **Basic Shapes** Flexibility helps to perform the moves at maximum extension. Arms should follow the basic moves for a tight/controlled performance. One bounce in between the basic moves to develop into a confident, short sequence. Power and height is needed for momentum.

<u>Healthy Lifestyles</u>

Morning Routine
Drink water on waking to replace
lost fluids and prevent
dehydration
Eat a healthy breakfast complete
with complex carbohydrates
(Slow releasing)
Wake up as soon as your alarm

goes and get out of bed

If you struggle to get up in the
morning; Shower, go to bed
earlier or move your alarm to the
other side of the room.

Nutrition - Macronutrients and exercise recovery
The three macronutrients are; protein – for growth and repair, carbohydrates – for energy and fat – to add bulk
Protein is broken down into amino acids and can be found in meat, fish and dairy.

Netball

Rules

Side lines – Player must have their foot behind the line. The pass is taken from off the court where the ball leaves the playing court.

Obstruction – The player must be a metre away from the player with the ball before raising their arms to defend. The free pass is taken where it happens on court.

Contact – No contact at any time with another player. The penalty pass is taken on court.

Scoring - GS and GA players can only score in the semi-circle. 1 point per goal. The game restarts in the centre circle and teams alternate the centre pass. All players return to their set positions.

Control Signal - Use your hand, head or eyes to signal for where the ball is to be sent to. Call out (verbal communication) to the person who has the ball to let them know you are free. Control the ball - Get your hands up in front of your body to receive the ball. Pull the ball in. Footwork - landing foot must stay in contact with the ground when pivoting. Two steps are allowed however the landing foot must not touch the floor again before the ball is sent.

Table tennis

Rules You swap serves every two points.

You play for the serve first by throwing the ball so it bounces on your court and then your opponents, the winner of the following rally serves first.

Points awarded to the winner of each rally.

Points awarded to the winner of each rally up to 11. A player must win by 2 clear points. You can only hit the ball once and you cannot place your hand on the table. You have to wait for the ball to bounce in your court before you hit it

Shots

Sidespin Service - there are 2 optional systems for sidespin: a) Bat pointing upwards, b) Bat pointing downwards

Forehand drive - Closed bat angle, Upper body rotates approx. 45 degrees to the right, turning back to face the ball. The body weight moves from the right foot to the left on contact.

Backhand Drive - The bat moves forward and slightly upward in the direction that the ball is to travel. The elbow produces the forward movement with a loose wrist the topspin aspect. The action is similar to that of throwing a Frisbee. Striking the top back part of the ball with a forceful brushing action.

Physical Education

Football

Rules A high foot is when a player attempts to kick the ball at head height recklessly around other players

Obstruction – to deliberately block a player who is not in possession of the ball.

Use a whistle to stop the game when an foul or other offence has taken place.

Keep up with the play in order to have better view of incidents

Passing Weight of pass when passing the ball, lean further back for lofted pass, inside of foot for ground, laces for lofted.

Weight of pass – decide about how far the pass should be ahead of your teammate before playing. Try and allow your teammate to run and control the ball seamlessly without slowing down.

<u>Movement</u> Defending goal side – position your body in-between the goal and the attacker.

Rugby

Rules The tackler must wrap their arms in the tackle and make contact below shoulder height.

Tackle assist must make contact between knee and thigh Open hand when handing off, must not lead with elbow/forearm in contact

2 markers at the ruck, when playing the ball it must be rolled with foot. Markers must not move until ball is played by hooker

Passing Outside elbow high, push across, point hands towards the target Draw defender by running at them, keep straight, pass 1m before contact

Stay at least 2m behind ball player, time your run, catch on the move **Movement** Catch the ball on the move, running a line between defenders and not directly at them.

Run forward, perform footwork before contact, accelerate into contact situation (branches not trees), drive legs post contact- do not accept tackle

Use open hand to push off defenders

Pulse Raiser

Activity used to gradually raise heartrate body temperature. eg – 2min slow jog

Stretches

Static – a stretch performed when muscle length stays the same

> <u>Dynamic</u> – stretch whilst moving. Eg – Leg Kicks

Mobilisation

Activity that will prepare joints for exercise.
eg – ankle & wrist rotations

<u>Basketball</u>

Rules

Shot clock – 24 seconds to shoot once team is in possession

8 second rule – 8 seconds to get ball into oppositions half once possession is gained 5 second rule – throw-ins from the side-line or free throws must be taken within 5 seconds 3 second rule -a player can only be in the opposition's "key" for 3 seconds Half court violation – ball travels back across half-way line towards own basket

Passing

Aim for the players hands

Look up once ball is received to decide – dribble, pass or shoot

Javelin pass – used for breakaway pass after winning rebound - one hand on the ball, reach back, opening up chest and throw the ball in a sweeping motion overhead

Bring the ball close to the body once you receive the pass to protect from opposition

Movement Knowing where to be on court during attacking and defensive play – zonal marking.

Being on side – Get back to position quickly after a goal is scored to ensure you are in position when the whistle restarts the game.

Change the pace of your dribbling to get past the defenders.

Use changes of direction to outwit the defenders.

Badminton

Rules The server always serves from the right-hand box at the start of a game and when they have an even number of points.

In doubles, the player on the right always starts the serve and when a point is won, the players switch sides and the server then serves from the left, continuing to alternate until a serve is lost.

Points awarded to the winner of each rally and whichever team wins the pervious point starts the next point with the serve.

The score dictates who then serves if it is even the player on the right serves and if it is odd the player on the left serves.

Points awarded to the winner of each rally up to 21. A player must win by 2 clear points. You can only hit the shuttle once and you cannot touch the net. You have to wait till the shuttle comes over the net to hit it

next point.

You can only hit the shuttle once.

Stroke play Cooperatively is working with your opponent to keep the shuttle going, competitively is when you are trying to beat your opponent. Net shot – tap the shuttle just over the net, to be played from the net. Drop shot- tap the shuttle just over the net, to be played from mid court.

Religious Studies- Rights & Responsibilities

Keywords

- 1. Human rights: the basic rights that all people should have
- 2. **Declaration**: a statement or announcement
- 3. Prisoner of conscience: someone kept in prison because their political or religious beliefs are different from those of the government
- 4. Civil rights: the rights of citizens to political and social freedom and equality.
- 5. Apartheid: the separating of white and non-white people in South Africa and discriminating against people because of their race.
- 6. **Institutional racism**: racism that is embedded as normal practice in society or an organisation, which can lead to discrimination in criminal justice, employment, housing, health care, political power, and education, among other issues.
- 7. **LGBTQ+**: lesbian, gay, bi-sexual, transgender, queer and sexual minorities
- 8. Homophobic: not liking someone and treating them differently because they are homosexual
- 9. Religious pluralism: belief that all religions are equal.
- 10. **Liberty**: being free in society from controlling rules created by the people in charge.
- 11. **Secularism**: not connected with religion. Religion should not be involved in the running of the country or education.

Kev information

- 12. The United Nations came up of a list of 30 human rights which are called the Universal Declaration of Human Rights, including right to education, healthcare, shelter and life.
- 13. The UN set up Convention on the Rights of the Child to ensure that certain rights were given to children.
- 14. Amnesty International is a global organisation that campaigns and fights for human rights to be applied to all people. Researches find out where people are being denied their human rights and they encourage their members and the world's media to put pressure on the wrongdoers to change.
- 15. The Equality Act 2010 is a law in Britain that protects people from discrimination, harassment and victimisation.
- 16. Black Lives Matter is an international movement that campaigns against violence and institutional racism towards Black people. The most common argument made by BLM is looking at the wrong and unfair treatment of Black people by the police.
- 17. Examples of people who fought for civil rights outside of the UK are Martin Luther King, Rose Parks, Malcolm X and Nelson Mandela.
- 18. Stonewall is a LGBTQ+ rights charity in the UK which tries to raise awareness and make changes to ensure that all people are treated equally.
- 19. It is important that the rights of LGBTQ+ people are protected because all people are equal, regardless of their sexuality, therefore everyone should be treated the same. It is wrong to cause physical harm to anyone and emotional harm can lead to suicide.
- 20. There are often more similarities than differences between religious faiths, particularly the Abrahamic religions, who share lots of the same prophets and teachings.

Sources of wisdom and authority - SOWAs

- 21. "Everyone is free and we should all be treated in the same way." Universal Declaration of Human Rights
- 22. "I have a dream that my four little children will one day live in a nation where they will not be judged by the colour of their skin but by the content of their character." Martin Luther King
- 23. "Nearly half of LGBT pupils are bullied for being LGBT in Britain's schools. Half of LGBT pupils hear homophobic slurs 'frequently' or 'often' at school." Stonewall
- 24. "There is no compulsion in religion." Qur'an

Religious Studies- Heroes

Keywords

- 1. **Hero**: a person who is admired for their courage, outstanding achievements, or noble qualities.
- 2. **Colonisation**: settling among and establishing control over the indigenous people of an area and taking charge of the country.
- 3. **Civil disobedience**: refusing to follow certain laws because they are considered unjust, as a peaceful form of political protest.
- 4. Dalai Lama: the spiritual head of Tibetan Buddhism.
- 5. **Reincarnation**: the rebirth of a soul in another body.
- 6. **Enlightenment**: when a Buddhist finds the truth about life and stops being reborn because they have reached Nirvana.

- 7. **Ku Klux Klan (KKK)**: an American white supremacist hate group who targets African Americans as well as Jewish people, immigrants and members of the LGBTQ+ community.
- 8. **Segregation**: setting someone or something apart from others.
- 9. Nun: a member of a religious community of women.
- 10. **Missionary**: a person sent on a religious mission, usually to promote Christianity, in a foreign country.
- 11. **Feminist**: a person who publicly supports the rights of women and the equality of the sexes.
- 12. **Sexism**: prejudice or discrimination, usually against women, because of their sex.

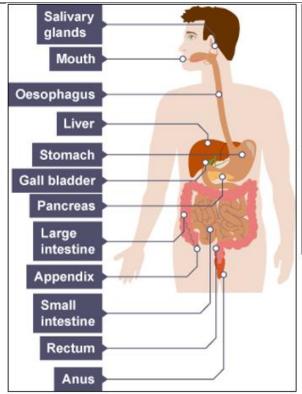
Key information

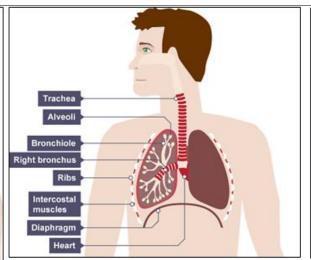
- 13. The reasons for Britain colonising other countries were: a) to get more land for their people to live in, b) to take the local resources, like wood, coal, or metals, c) to get workers from the colonised country to work in factories or farms.
- 14. Colonisation was an immoral and barbaric practice which caused huge suffering at the time and still has long-lasting negative consequences.
- 15. Gandhi led non-violent protests to get Indian their independence from the British. The most famous example of these protests was the Salt March in protest against the tax the British government put on salt.
- 16. Gandhi has been criticised for saying racist things when he first started campaigning for independence. He called for the segregation of Black people and Indian people and used racist slurs.
- 17. There have been 14 Dalai Lamas and the current one is called Tenzin Gyatso. He won the Nobel Peace Prize and lives as a refugee in India.
- 18. The Four Noble Truths are: a) Life is suffering, b) we suffer because of craving/wanting things, c) we can escape the cycle of suffering, and d) Noble Eightfold Path helps us escape suffering.
- 19. Martin Luther King Jr and Malcolm X both wanted to end the oppression of Black people in the USA, Martin Luther King through peaceful protest and using Christian values of love and forgiveness. Malcolm X said that Black people had to do whatever they had to in order to be free, even if that included retaliating with violence.
- 20. Mother Teresa began her missionary work in India, helping people with leprosy and AIDs, as well as orphans. Her organisation, the Missionaries of Charity, later helped people in need all over the world.
- 21. Some people criticised Mother Teresa because she opened centres all over the world instead of focussing on the people who needed help where she already was. She was also accused of spreading extreme Roman Catholic views on homosexuality and abortion to those she was helping.
- 22. Mary Magdalene was a close follower of Jesus who remained loyal to him when other disciples didn't.

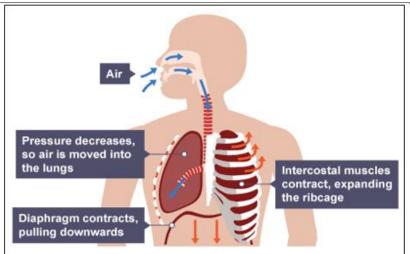
Sources of wisdom and authority - SOWA

24.

Science







Resultant force = Mass x Acceleration
Pressure = Force

Area

Wave Speed = Frequency x Wavelength

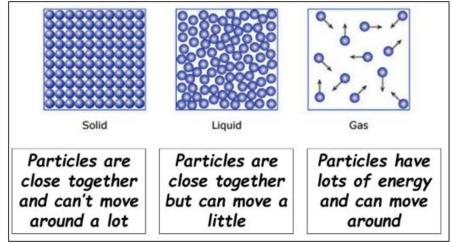
Control variable	The variable that remains the same in an investigation
Independent variable	The variable the is changed in an investigation
Dependent variable	The variable that is measured in an investigation

Breaks Into.... Enzyme down.... Carbohydrates Amylase Sugars Protease Protein Amino acids Fats/lipids Lipase Fatty acids and glycerol

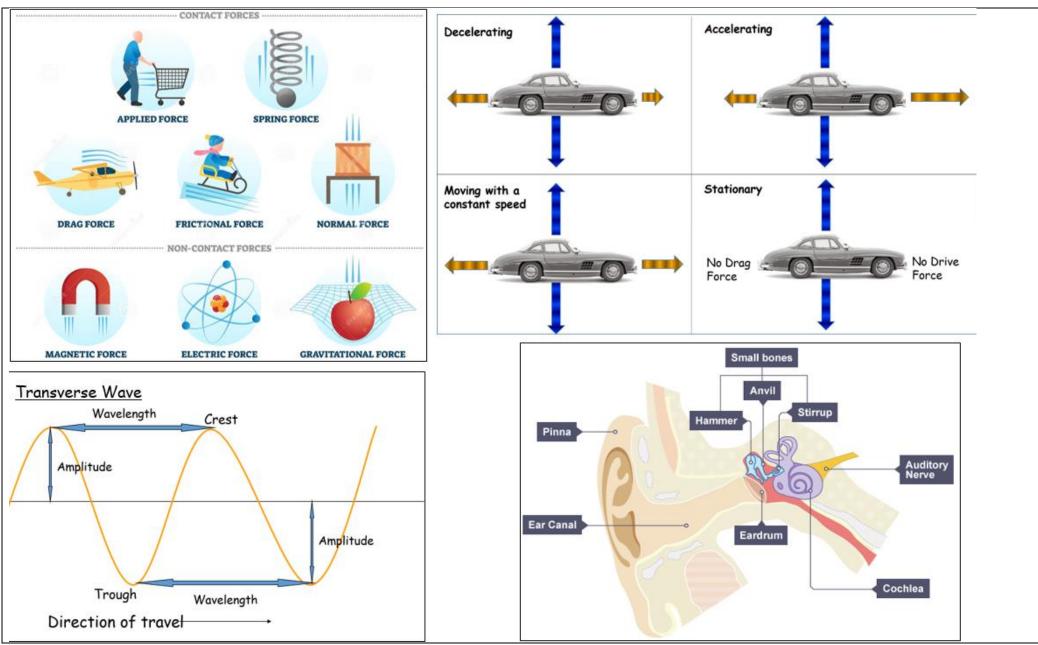
Enzymes: break down nutrients into small, soluble molecules that can be absorbed.

The main nutrients the body needs are:

- carbohydrates for energy;
- proteins for growth and repair;
- fats to store energy;
- vitamins and minerals to keep the body healthy.



Science



World Languages

Indicators of the future tense.

Mañana – tomorrow Este viernes – this Friday La semana próxima – next week Este fin de semana – this weekend El año próximo – next year

Mañana por la mañana – tomorrow morning

El sábado que viene – next Saturday

Key Questions (and how to begin your answer...)

¿Te gusta el deporte? ... Sí, me gusta mucho el deporte porque es emocionante.

¿Cuál es tu deporte preferido?... Prefiero el tenis en verano cuando hace sol.

¿Hay un deporte que te gustaría probar?... No he probado el esquí ...

¿Qué deportes hacías de pequeño que ya no haces?...Jugaba al bádminton pero

¿Qué haces en tu tiempo libre? ... En mi tiempo libre....

¿Qué vas a hacer este fin de semana? ... Este fin de semana voy a....

¿Te gusta ver la televisión?... Sí, mi programa favorito se llama...

¿Te gusta el cine?... Sí, la última vez que fui al cine vi una película de terror...

¿Qué tipo de música te gusta? Me gusta más la música rock...

¿Qué hiciste la ultima vez que saliste con tus amigos? Fuimos al cine.

Types of TV programmes/movies

- Dibuio animado cartoon
- Noticias news
- Un documental documentary
- Una serie policíaca pólice series
- Telenovela soap (opera)
- Comedía = comedv
- Anuncios = adverts
- Concursos = quiz shows
- Película de ciencia ficción = sci-fi movie
- Película de acción = action movie
- Película de terror = horror movie
- Un programa de telerrealidad reality show.

To say what you are 'going to' do, use a form of ir followed by a plus the infinitive. This is called the near future tense.

voy a vas a va a vamos a vais a van a

jugar al fútbol hacer esquí ir de compras ir al cine salir

I am going to play football you are going to go skiing helshe is going to go shopping we are going to go to the cinema you (plural) are going to go out escuchar música they are going to listen to music

Gramática

más + adjective + que more ... than + adjective menos + que less ... than

Giving my opinion...

- A mi modo de ver = According to me...
- Encuentro que = I find that...
- Creo que = I believe that...
- Pienso que = I think that ...
- En mi opinión = In my opinion...
- Es / No es... = It is / It isn't...
- (no) Me gusta (n) = I (don't) like
- Tengo una preferencia por = I have a preference for
- Lo qué más me gusta es/son = What I like the most is/are
- Me encanta(n) = I love
- Lo mejor es = The best thing is
- Prefiero = I prefer
- Odio = I hate

Adjectives

interesante	interesting
genial	super
aburrido	boring
malo	rubbish
tradiciónal	traditional
relajante	relaxing
divertido	fun
genial	great
emocionante	exciting
impresionante	impressive
entretenido	entertaining
repetitivo	repetitive
duro	hard
aburrido	boring
miedoso	scary
horroroso	horrific
atrevido	daring

Common hobbies

- Jugar al ajedrez = to play chess.
- Hacer piragüismo = to do canoeing
- Nadar = to swim
- Patinar = to skate
- Ir a pescar = to go fishing
- Ver un partido = to watch a match
- Participar en un torneo = to particípate in a tournament
- Ir a entrenamiento = to go to training
- Ir de compras = to go shopping
- Salir con amigos = to go out with friends

World Languages

Indicators of the past tense

Ayer – yesterday El viernes pasado – last Friday La semana pasada – last week El fin de semana pasado – last weekend El año pasado – last year Anteayer – the day before yesterday Cuando era joven – when I was younger En el pasado – In the past ¿Cuál es tu pasatiempo favorito? = What is your favourite pastime/hobby?

¿Te gustaría ir a ...? = Would you like to go to...?

¿A qué hora? = At what time?

¿Qué hora son? = What time is it?

¿Hay un pasatiempo que te gustaría probar? = Is there a pastime that you'd like to try? ¿Cuándo eras joven cuales pasatiempo hacías? = When you were young which hobby did you used to do?

¿Recibes dinero de tus padres? = Do you receive money from your parents? ¿Cuánto es? = How much is it?

Grammatica

If **a** (to) and **el** come together they join up to make **al**.

- a + el → Voy al cine
- a + la → Voy a la piscine

Useful Vocabulary

La paga = pocket money

El dinero = money

La piscina = swimming pool

La pista = track

La pista de hielo = ice rink

La gimnasia = gymnasium

El campo de futbol = football pitch

El polideportivo = sports centre

La bolera – bowling alley

La discoteca = nightclub

El centro comercial = shopping centre

El cine = cinema

El salón recreativo = recreation room

Key Verbs

- Me gustaria + verb = I would like to + verb
- Visité = I visited
- Compré = I bought
- Bailé = I danced
- Pensé = I thought
- Fui = I went
- Entrené = I trained
- Participé = I participated
- Marqué (un gol) = I scored
- Gané = I won
- Salí = I went out
- Rebí = I drank
- Comí = I ate
- Escuché = I listened
- Descansé I relaxed
- Disfruté de I enjoyed
- Ví = I saw
- Limpié = I cleaned
- Hice = I did



Adverbs of time/frequency

Siempre - Always

Cada semana – Every week

Cada día – Every day

Normalmente - normally

En general - generally

Nunca - never

A menudo - often

De vez en cuando - occasionally

A veces - sometimes

Cada año – every year

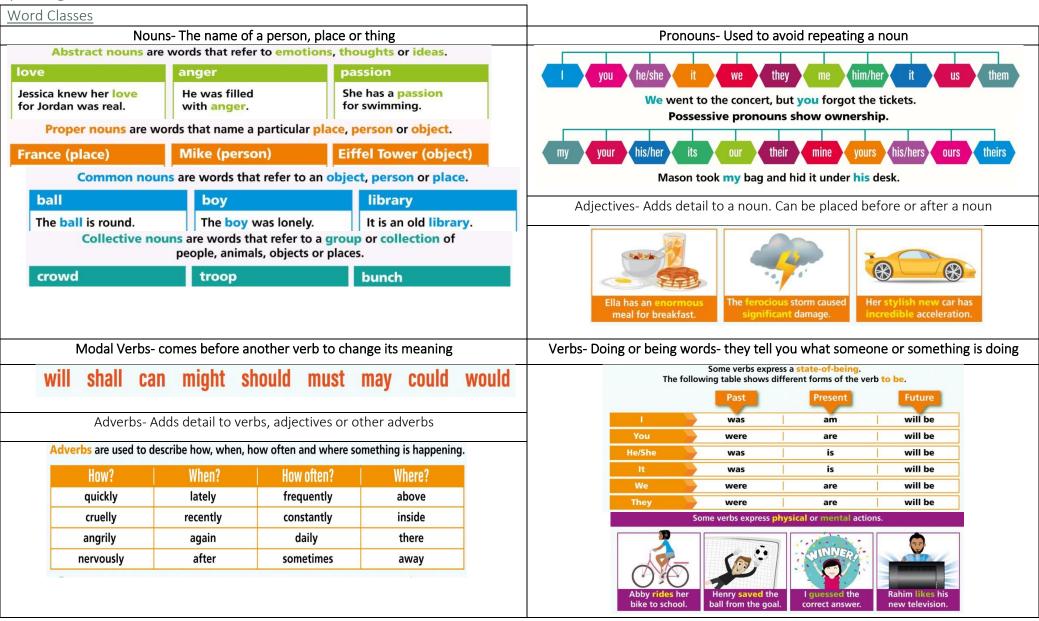
Numbers

Diez (10) Veinte (20) Treinta (30) Cuarenta(40) Cincuenta(50) Sesenta (60) Setenta (70) Ochenta (80) Noventa (90) Cien (100)

Leisure Activity Phrases (Future Tense)

- 1) Voy a ir a la bolera We're going to go to the bowling alley
- 2) Vas a jugar a los bolos You are going to play bowls
- 3) Va a montar en bicicleta He/she is going to ride a bike
- 4) Vamos a ver una película We are going to watch a film
- 5) Vaís a ver un partido de fútbol You (all) are going to watch a football match
- 6) Van a hacer patinaje en la pista de hielo = They are going to do skating on the ice rink

Spelling, Punctuation and Grammar



Spelling, Punctuation and Grammar

			Capital Letters- and	when to use them			
Starting a	sentence	A long time ago, in a	a galaxy far, far away	Headings and Boo	k/ Film Titles	My favourite bo	ook is Alice in Wonderland.
Names a	and Titles	Zara took her so	n to see Dr. Habib.	Companies and O	rganisations	The RSPCA takes of	care of injured and abandoned animals.
	e Week and onths	The football game is	on Wednesday 2 nd July.	Nationalities and	l Languages	The man is Mex	ican but he speaks Spanish.
Place	Names	I live in Gorto	on, Manchester.				
			Punctu	ıation			
	A full stop marks the end of a sentence		I had to push my bike all the way home.	·		he is used to show or that a letter or	The rabbit's tail is black. (The tail belongs to the
9	also used to separate part clauses, to	arates items in a list. It is punctuate speech and ts of a sentence, such as help clarify meaning	The bag contained a bottle, some trainers, shorts, socks and a shirt. Let's eat Grandma! Let's eat, Grandma!	•		s are missing	rabbit) It is going to rain.
?	A question ma	ark indicates the end of a question	Do you know when to use a question mark?		parenthesis- that is separ	e used to indicate - extra information rate from the main e or statement	Dashes (see below) can also be used to separate extra information.
•		on mark is used to end a entence or statement	Don't put your hand in the fire!		indicate par	re also used to enthesis. They are length of a hyphen	The ingredients- tomato, basil, onion and chilli- were ready to be cooked.
66 99	indicate dire	ct speech (i.e- the exact ords spoken)	"I like football," said Marta. "Me too," replied Amina.	_	together. It of root words, a linked, su	used to join words can join prefixes to and words that are ch as compount ljectives.	She is an award-winning novelist
	such as a lis sentence, v	duces extra information, st. It connects part of a where the second part er explanation of the first	Hammad thought it was his Mum's fault: she shouldn't have moved his homework.	9	of equal impused to sepa when the lis	n links two clauses portance. It is also trate items in a list, at already contains ommas	The trip may be on or off; it all depends on the weather. The guides are: Sam Yates, Biology; Amy Elliot, Chemistry; and Karen Cooper, Physics.

Computing

My Digital World

Evaluate: Finding out about the quality of something **Trustworthiness**: How sure we are that the information is correct

Bias: Being unfairly in favour of one thing over another **Reliability**: The level to which we can depend on the information

Index: The level to which we can depend on the information

Boolean Operators: 'AND' 'OR' 'NOT' logic statements used to improve database searches.

Relevance: How close the information matches what you were looking for

Copyright: A law to protect other people's ideas/work. **Plagiarism**: Using other peoples' ideas/work and pretending it is yours

Acknowledgement: Making it clear that text/images in your work belong to someone else and are not your own

Cyber Abuse: Being tormented, threatened, harassed, humiliated, embarrassed or otherwise targeted by another person using the Internet, interactive and digital technologies or mobile phones

Print Screen: A way to capture what is on the screen at any given time – a way to evidence online abuse.









Python

Input: Values which get sent from the user into the computer Variable: The place where inputs get stored by the program Output: The values which get sent from the computer to the user

Data Type: The type of data being used by the program **String**: A combination of characters, letters and numbers.

Integer: "Whole Number"

data type

Real/Float: This means any decimal (fractional) number

Selection: A control structure which allows programs to make

decisions

Python IDLE: The software we use to create our python

programs in

New document: A plain text file which the main code is written on before displayed in the IDLE itself.

Keyboard shortcuts:

F5- Runs the software

Arithmetic operators:

- Addition = +
- Subtraction = -
- Division = /
- Multiplication = *
- MOD = Remainder
- DIV = Whole number without the remainder

Ethics and Politics:-Life in the UK

Key words

- 1. United Kingdom (UK): England, Scotland Wales and Northern Ireland.
- 2. Great Britain (GB): England, Scotland and Wales.
- 3. Immigration: coming to live permanently in a foreign country.
- 4. Equality Act 2010: legally protects people from discrimination in the workplace and in wider society.
- 5. Islamophobia: dislike or prejudice against Islam or Muslims. A type of racism that targets expressions of Muslimness.
- 6. **Xenophobia**: dislike of or prejudice against people from other countries.
- 7. Mayor: the head of a particular area who accountable for the strategic government of that area.
- 8. **Devolution**: the power that gets moved from one level of government to a lower level. This allows decisions to be made locally by people who understand the area.
- 9. **GMCA**: Greater Manchester Combined Authority
- 10. **Taxation**: money that has to be paid by citizens and businesses to the government as taxes.
- 11. Basic Rate: the maximum rate of pay a person can earn before paying the higher rate.
- 12. Higher Rate Threshold: the level of income or money earned which must pay a higher percentage of tax.
- 13. Personal Allowance: the amount of income each individual is entitled to receive free of tax each year.

Key knowledge

- 14. Throughout its history, people have settled in Britain from many different countries. They have brought their a) language, b) ideas and c) customs, all of which have combined to make up the country's culture.
- 15. The United Nations wrote the Universal Declaration of Human Rights in 1948 to set out the basic rights for all individuals. All the expectations of respect are included in the declaration. It underpins the way individuals should be treated by each other, governments and all other organisations.
- 16. The UK is a democratic society which means that citizens have the right to take part in how the country is run through activities such as voting, protesting and joining pressure groups.
- 17. Treating people differently based on their religious beliefs is totally unacceptable and all such behaviour is rooted in racism.
- 18. Xenophobia can involve perceptions of groups of people from different countries, it can be shown in suspicion of the activities of others and not wanting others to be part of communities. It may relate to a fear of losing national, ethnic or racial identity.
- 19. The role of a mayor comes with many responsibilities which include governance in the region, such as a) health, b) transport, c) housing, d) strategic planning, e) waste management, f) policing, and g) fire and rescue service.
- 20. In the United Kingdom devolution has happened in Wales, Scotland and Northern Ireland. Each of these three countries now has an elected legislature which can pass some laws and a government to administer those laws and propose new ones.
- 21. The government receives money from a) National Insurance, b) Value Added Tax (VAT) and c) Income Tax.
- 22. The government uses the money it gets from taxes to pay for things, such as a) to pay for people who work for the government (e.g. military and police), b) provide services such as education and health care, and c) to maintain or build things such as roads, bridges and sewers.
- 23. BHM: The Bristol Bus Boycott took place in 1963 to allow Black and Asian people to work on buses. Before this, only white people could be bus drivers and conductors.
- 24. BHM: The Race Relations Act 1965 was passed. This was the first law in the UK that dealt with racial discrimination. Before this point, there had been no laws about how people of colour should be treated.

Record of learning homework

How to record your learning

You should record the subject or subjects on the learning homework page and show this to your form tutor on a weekly basis.

Week: Sep 6	Week: Sep 13	Week: Sep 20	Week: Sep 27	Week: Oct 4	Week: Oct 11	Week: Oct 18
147 1 11 4)) A)	147 L 14 20)	V4
Week: Nov 1	Week: Nov 8	Week: Nov 15	Week: Nov 22	Week: Nov 29	Week: Dec 6	Week: Dec 13
Week: Nov 1	Week: Nov 8	Week: Nov 15	Week: Nov 22	Week: Nov 29	Week: Dec 6	Week: Dec 13
Week: Nov 1	Week: Nov 8	Week: Nov 15	Week: Nov 22	Week: Nov 29	Week: Dec 6	Week: Dec 13
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